

BUY A MEAL FOR YOUR <b>February 2018</b> ELDERLY NEIGHBOR				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RETURN	TRAYS DAILY		1	2
<b>No Membership Required for meals</b>	<b>Donate What You Can for your meals</b>	<b>EBT Accepted</b>	Cheeseburger Pie, 1/2c Green Beans, 1/2c Berry Fruit Salad, Banana CM34	3oz Salisbury Steak in Brown Gravy, 1/2c Mashed Potatoes, 1/2c Cr Cabbage, 1/2c Apricots B25
5	6	7	8	9
3oz Hamburger w/Bun, 1/2c Tator Tots, 1/2c Baked Beans, 1/2c Pears B16	2 Swedish Meatballs, 1/2c Parslled Potatoes, 1/2c Berry Fruit Salad 3-1A - S8	1c Mexican Chicken Soup 1/2c Fruity Slaw, Cracker, 1/2c Fruit Crisp CM31	1/2c Sloppy Joe on a Bun, 1/3c Cream of Broccoli Soup, 1/2c Chocolate Pudding w/topping, Orange D2	Baked Pork Chop w/onion & herbs, Baked Potato, 1/2c Broccoli Corn Bake, 1c Spinach Salad, 1/2c Peaches CM48C - P22
12	13	<b>HAPPY VALENTINIS</b>	<b>Call for Soup/Sub 15</b>	<b>Sub/SoupDelivered</b>
1c Chicken Stew served over Biscuit, 1c Tossed Salad, Orange CM67B - S41	3oz Ham Loaf, 1/2c Parslled Potatoes, 1/2c Cooked Cabbage, 1/2c Apricots CM60B - P8	3oz Breaded Butterfly Shrimp, 1c Dinner Salad, Baked Potato, 1/2c Corn O'Brien, 1/2c Berry Fruit Salad CM79	Beef Nachos w/Pinto Beans, 1/2c Bread Pudding, Orange CM59D - NB4	Lemon Pepper Cod, 1/2c Parsley Potatoes, 1/2c Glazed Carrots, 1/2c Pears A10
<b>Closed</b>	20	<b>DSM MEETING AT 1PM</b>	22	23
<b>Call for Soup</b>	1c Chili, 1/2c Fruit Cocktail, 1/2c Vanilla Ice Cream CM59F - S44	2/3c Tator Tot Casserole, 1/3c Cream of Broccoli Sop, 1/2c Acini Di Pepe 8-2 - T1	3oz Roast Turkey, 1/2c Baked Sweet Potato, 1/2c Creamed Peas, Orange, Cookie CM77D - CH46	Egg Salad Sandwich, 1 1/4c Cr of Potato Soup, 1/4c Sliced Cucumbers, Orange CM53A - F11
26	27	28	<b>Please</b>	
3oz Roast Pork, 1/2c Mashed Potatoes & Gravy, 1/2c Harvard Beets, 1/2c Cooked Apples AA4	Cheeseburger Pie, 1/2c Green Beans, 1/2c Berry Fruit Salad, Banana CM34	3oz Liver & Onions, 1/2c Company Potatoes, 1/2c Parslled Carrots, 1/2c Fruit Cocktail 14-3 - LO2	<b>Return Trays Daily</b>	<b>VERMILLION DAKOTA SENIOR MEALS TO CALL 624-7868 RESERVE A MEAL</b>

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS RE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.